

Bio Suisse Saisonkalender

	Jan	Feb	Mrz	Apr	Mai	Jun	Jul	Aug	Sep	Okt	Nov	Dez
Blumenkohl					●	●	●	●	●	●	●	●
Bohnen						●	●	●	●	●		
Broccoli					●	●	●	●	●	●	●	
Erbsen						●	●					
Fenchel					●	●	●	●	●	●	●	
Kabis rot	●	●	●	●	●	●	●	●	●	●	●	●
Kabis weiss	●	●	●	●	●	●	●	●	●	●	●	●
Kefen						●	●					
Knoblauch	●	●						●	●	●	●	●
Kohlrabi			●	●	●	●	●	●	●	●	●	
Krautstiel			●	●	●	●	●	●	●	●	●	
Lauch	●	●	●	●	●	●	●	●	●	●	●	●
Rhabarber				●	●	●						
Rosenkohl	●									●	●	●
Spargel				●	●	●						
Stangensellerie				●	●	●	●	●	●			
Wirz	●	●	●	●		●	●	●	●	●	●	●
Zuckermais								●	●	●		
Zwiebel	●	●	●	●	●	●	●	●	●	●	●	●

KARTOFFELN

Frühkartoffeln z.B. Agata, Lady Cristl					●	●	●	●	●			
Lagerkartoffeln festkochend, grüne Linie	●	●	●	●	●	●	●	●	●	●	●	●
Lagerkartoffeln mehligkochend, blaue Linie	●	●	●	●	●	●	●	●	●	●	●	●

SALATE UND BLATTGEMÜSE

Batavia			●	●	●	●	●	●	●	●	●	●
Chicorée	●	●	●	●							●	●
Chinakohl	●	●	●		●	●	●	●	●	●	●	●
Ciccorino rosso	●	●	●			●	●	●	●	●	●	●
Eichblatt, Kopfsalat, Lattich, Schnittsalat			●	●	●	●	●	●	●	●	●	
Eisbergsalat				●	●	●	●	●	●	●	●	●
Endiviensalat	●				●	●	●	●	●	●	●	●
Lollo			●	●	●	●	●	●	●			
Nüsslisalat	●	●	●	●	●	●	●	●	●	●	●	●
Rucola			●	●	●	●	●	●	●	●		
Spinat			●	●	●	●	●	●	●	●		
Zuckerhut	●	●			●	●	●	●	●	●	●	●

FRUCHTGEMÜSE

Aubergine					●	●	●	●	●	●		
Gurken				●	●	●	●	●	●	●		
Kürbis	●							●	●	●	●	●
Peperoni						●	●	●	●	●		
Tomaten					●	●	●	●	●	●	●	●
Zucchetti					●	●	●	●	●	●		

WURZELGEMÜSE

Karotten	●	●	●	●	●	●	●	●	●	●	●	●
Knollensellerie	●	●	●	●	●	●	●	●	●	●	●	●
Radieschen		●	●	●	●	●	●	●	●	●	●	●
Randen	●	●	●	●	●	●	●	●	●	●	●	●
Rettich				●	●	●	●	●	●	●	●	●
Schwarzwurzel	●	●	●	●	●				●	●	●	●

KRÄUTER

Basilikum						●	●	●	●			
Kresse			●	●								
Petersilie					●	●	●	●	●	●	●	
Schnittlauch				●	●	●	●	●	●	●		

FRÜCHTE

	Jan	Feb	Mrz	Apr	Mai	Jun	Jul	Aug	Sep	Okt	Nov	Dez
KERNOBST												
Äpfel (Frühsorten): Summerred, Gravensteiner, Primerouge, Retina, Galmac								●	●	●		
Äpfel (Herbstsorten): Cox Orange, Elstar, Kidd's Orange, Rubinette	●	●							●	●	●	●
Äpfel (Lagersorten): Ariwa, Boskoop, Braeburn, Florina, Gala, Golden Delicious, Goldrush, Idared, Maigold, Topaz u.a.	●	●	●	●	●	●	●		●	●	●	●
Birnen (Herbstsorten): Trévoux, Guyot, Williams								●	●	●		
Birnen (Lagersorten): Gute Luise, Conference, Kaiser Ale- xander/Beurre Bosce, Packhams, Uta	●	●	●	●				●	●	●	●	●
Quitten										●	●	●

STEINOBST

Aprikosen						●	●	●				
Kirschen						●	●	●				
Mirabellen								●	●			
Nektarinen							●	●				
Pfirsiche							●	●				
Pflaumen								●	●			
Zwetschgen								●	●			

BEEREN

Brombeeren							●	●	●	●		
Cassis							●	●	●			
Erdbeeren					●	●	●	●	●			
Heidelbeeren					●	●	●	●	●			
Himbeeren						●	●	●	●	●		
Holunder								●	●			
Johannisbeeren							●	●	●			
Preiselbeeren							●	●	●			
Stachelbeeren							●	●				

WEITERE

Kiwi	●	●	●							●	●	●
Trauben									●	●	●	
Baumnüsse	●	●								●	●	●

Anmerkung: Dieser Kalender bezieht sich ausschliesslich auf Produkte mit Schweizer Herkunft. Die Verfügbarkeit kann bei einzelnen Produkten aufgrund der Witterung variieren. Der Start bzw. das Ende einer Saison kann sich somit um bis zu zwei Wochen vor- oder zurückverschieben.